



MARIA AKATEMIA



naisenväkivalta.fi

Chat | Phone helpline |

**Individual appointments | Peer support group
| Relationship counseling**

**Maria Akatemia's preventive work against
violence is aimed for girls and women
(respecting self-identification)
who have used violence or are afraid they might
use violence.**

**If you are worried about your anger or
emotional regulation,
we are here for you.**

**Our services are free of charge
and available nationwide.**

Consumed by rage? Afraid you might hurt yourself or others?

Help is available - reach out
www.naisenvakivalta.fi



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